



## Join us in Youth Substance Use Prevention

The JDSAC shall address youth and adult substance abuse through a collaborative, community-wide approach that increases recognition, education, prevention, treatment, and recovery to improve the quality of life for individuals and families of Jeff Davis County.

## TAKE A STAND! MAKE A DIFFERENCE!



Alcohol is the number 1 substance used by Jeff Davis youth over the years and use increased in 2021 during the COVID-19 pandemic. In 2021, 13.5% of high school students reported drinking over the prior 30-day period. This increased with each grade, with 17% of 12th graders reporting drinking. The average age for the onset of alcohol use in Jeff Davis is 12, putting them at increased risk for future alcohol use disorders. Additionally, local children are being exposed to substance abuse and vaping. JDSAC wants to ensure that use of these substances does not increase.

The JDSAC envisions Jeff Davis County as a safe and healthy place for individuals and families because of its comprehensive, community-driven strategies that reduce and prevent substance abuse, provide needed treatment resources, and promote long-term recovery.