

YOUTH MENTAL HEALTH FIRST AID TRAINING

TRAINER: DUSTY ARNOLD, NCC, LPC, CPCS, BCBA, SHILOH BEHAVIORAL HEALTH
HOSTED BY: SHARE HEALTH SOUTHEAST GEORGIA



WHY YOUTH MENTAL HEALTH FIRST AID?

Youth Mental Health First Aid is an early intervention public education program. It teaches adults how to recognize the signs and symptoms that suggest a potential mental health challenge, how to listen non-judgmentally and give reassurance to a youth who may be experiencing a mental health challenge, and how to refer a person to appropriate professional support and services. This workshop is for anyone who works with youth including school counselors, teachers and other school support personnel, youth ministers, youth after school program personnel, DFCS and other social service workers, foster parents, as well as parents and caregivers of youth.

Youth Mental Health First Aid can be taught as either a 2-day in-person workshop or a hybrid course consisting of 2 hours of self-paced pre-work content followed by an in-person instructor-led training.

TRAINER DETAILS:

Dusty Arnold is a lifelong Appling County resident. He currently works as a Licensed Professional Counselor (LPC) with his own private practice, Shiloh Behavioral Health in Baxley. Through his work, he offers individual counseling, counselor supervision, and community training on a variety of mental-health topics including grief, anxiety, parenting, and behavior change.

For more information about hosting a training in your community, email bbruno@sharehealthsega.org or Dusty Arnold at darnold@shilohbh.org