Wayne County Recovery Coalition

November 2026 Newsletter

About Our Coalition:

The mission of the Wayne County Recovery Coalition (WCRC) is to improve the health and safety of individuals and families in Wayne County through comprehensive, community-wide strategies that reduce and prevent youth and adult substance use, assure treatment services are available and accessible for all, and promote long-term recovery for everyone. WCRC was initially formed in 2019 when a task force was developed to look into the rising number of ER visits related to drug misuse and overdose deaths due to opioids in Wayne County. In September of 2023, the WCRC was awarded a Drug Free Communities Support Program (DFCSP) grant to prevent and reduce youth substance use.

Partners in Wayne County are uniting in health, safety, and well-being: *Anchored, Boys and Girls Club of the Altamaha Area, City of Odum, City of Screven, Coastal Pines Technical College, Drug Court, Family Connections, Forward Digital Marketing, Jesup Police Department, Life, Inc., Mother's Against Substance Abuse, Press Sentinel Newspaper, Safe Kids, Shane's Crib, Share Health Southeast Georgia, Southeast Health District, St. Simons by the Sea, Wayne County School System, Wayne County Sheriff's Office, and Wayne Memorial Hospital. By combining resources and support as partners in prevention, Wayne County will become a safe and healthy place for youth and families to thrive and live life substance free.*

UPCOMING WAYNE COUNTY RECOVERY COALITION MEETING:

December 8, 9:30 am - 10:30 am | 177 N Brunswick St, Jesup, GA 31546

Would you like to stay informed?

Email shaunamattinglyanchored@gmail.com to join our coalition email list and receive a calendar invitation for our upcoming meeting.

Sweet, Minty & Addictive: How Flavors Shape Youth Nicotine Use

Join the Webinar Nov 10, 2026 6:00 PM

Flavors like fruit, candy, mint, and menthol can make nicotine products especially appealing to young people. But what do we really know about the impact these flavors have on nicotine use, addiction, and health? Join Parents Against Vaping E-cigs (PAVE) and leading tobacco researchers for "Sweet, Minty & Addictive: How Flavors Shape Youth Nicotine Use."

Learn more about the science behind flavored nicotine products, ask questions, and gain practical next steps to help protect our youth. Don't miss this chance to be part of a crucial conversation that aims to foster a healthier, substance-free environment for our next generation.

REGISTER NOW

PARENTS AGAINST PAVE VAPING E-CIGS

Wayne County Recovery Coalition

Check out our website and follow us on Instagram and Facebook!

https://www.waynecountyrecovery.com

@WayneCountyRecoveryCoalition

@wcrecoverycoalition

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WORTH THE WORK | The Heart Behind WCRC

Misty Mobley, Life Coach, Case Manager, and Group Facilitator at Anchored, serves as the Wayne County Recovery Coalition's Mental Health expert. Through her work, she helps people navigate challenges and find support. She believes connection, compassion, and community are essential to mental health, prevention, and recovery, a belief reinforced by the unity she witnessed during this year's Recovery Bus Tour.





Susan DeLeGal, President of Forward Digital Marketing, serves as the Wayne County Recovery Coalition's Media Sector Representative. She uses her website and digital marketing expertise to raise awareness of recovery efforts and connect people with resources. Susan believes sharing the work helps the recovery community grow and brings support to those who need it.

Kristina DeLeGal, Executive Director of Wayne County Family Connection, serves as the Wayne County Recovery Coalition's Civic/Volunteer Organizations Sector Representative. She connects children and families with resources that support school success, resilience, and healthy choices. Kristina believes every child deserves the support, safe environments, and caring relationships needed to thrive.



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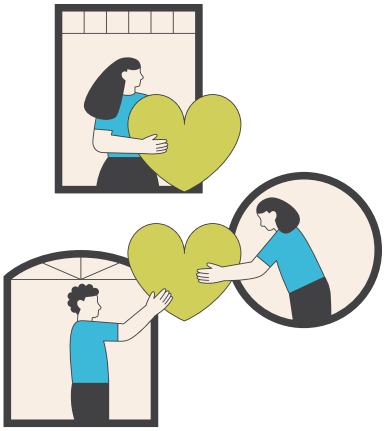
IMPORTANT HEALTH OBSERVANCES FOR NOVEMBER

National Rural Health Day | November 19,2026



On National Rural Health Day, we recognize the importance of accessible, quality healthcare in rural communities like Wayne County! Rural residents often face unique challenges, including limited access to healthcare providers, transportation barriers, and fewer mental health and substance use treatment resources. Everyone deserves access to the care and support they need, regardless of where they live.

Did You Know? Rural communities often have fewer behavioral health providers than urban areas. Raising awareness of local resources and reducing stigma can help connect individuals and families with the support they need!



National Family Caregivers Month

November is National Family Caregivers Month! This month, we recognize the families and caregivers who provide love, encouragement, and support to loved ones navigating addiction and recovery. Their compassion and dedication play an important role in the recovery journey.

Caregiver Tip: Supporting someone in recovery can be emotionally demanding. Remember to prioritize your own well-being, set healthy boundaries, and seek support when needed. Taking care of yourself helps you care for others!

Celebrate World Kindness Day | November 13, 2026

Kindness can make a meaningful difference in someone's recovery journey. A simple act of compassion, encouragement, or understanding can help reduce stigma and remind individuals that they are not alone.

Kindness Tip: Choose compassion over judgment! A listening ear, a supportive word, or a small gesture of kindness can make a lasting impact on someone facing challenges.



MENTAL HEALTH FIRST AID (MHFA) TRAINING



DECEMBER 3, 2026 | 9:00AM-4:00PM

APPLING COUNTY COMMISSIONERS ROOM 69 TIPPINS STREET, BAXLEY, GA 31513

ADULT MENTAL HEALTH FIRST AID CONSISTS OF 2-HOURS OF SELF-PACED CONTENT FOLLOWED BY 5.5 HOURS OF INSTRUCTOR-LED TRAINING. AFTER REGISTRATION, LEARNERS WILL BE EMAILED AN INVITATION FROM MHFA CONNECT TO CREATE A LEARNER ACCOUNT. THIS IS A REQUIREMENT - ALL LEARNERS WILL NEED AN ACCOUNT TO ACCESS THE MHFA CONNECT PORTAL TO COMPLETE THEIR PRE-COURSE WORK PRIOR TO THE DECEMBER 3 IN-PERSON TRAINING EVENT.

SCAN ME

REGISTER NOW

LINK TO THE REGISTRATION FORM:
HTTPS://TINYURL.COM/42EMSYPM

QUESTIONS OR NEED ASSISTANCE REGISTERING?

CONTACT LIVVY DAVIS AT:
OLIVIA.HIERSDAVIS@SHAREHEALTHSEGA.ORG



IMPORTANT REGISTRATION INFORMATION:

- REGISTRATION DEADLINE: **NOVEMBER 25, 2026**
- HYBRID FORMAT: PARTICIPANTS MUST COMPLETE REQUIRED PRE-WORK PRIOR TO ATTENDING THE IN-PERSON SESSION.
- LIMITED AVAILABILITY: ATTENDANCE IS LIMITED, SO EARLY REGISTRATION IS ENCOURAGED.

GEORGIA NURSING LICENSURE RENEWAL

THE GEORGIA BOARD OF NURSING DEEMS MAGNOLIA COASTLANDS AREA HEALTH EDUCATION CENTER AS AN ACCEPTABLE PROVIDER FOR CONTINUING EDUCATION (CE). THIS ACTIVITY IS APPROVED FOR 8 CE HOURS TOWARD THE CONTINUING COMPETENCY REQUIREMENTS FOR GEORGIA LICENSURE RENEWAL. NURSES SHOULD ONLY CLAIM CREDIT COMMENSURATE WITH THE EXTENT OF THEIR PARTICIPATION.

Share Health SOUTHEAST GEORGIA
Coalition for a Healthy Appling County
Georgia Opioid Crisis Abatement Trust
Magnolia Coastlands AHEC Area Health Education Center